

What is Cancer Screening?

Checkup of normal healthy individuals without any symptoms to detect common cancers before producing problems. Early detection is best prevention.

Cancer Screening Benefits



Identify Problem Before Appearing



Relieve Anxiety



Early Detection Improve Survival



Treat Precancer Lesions Before Causing Problem

Most Common Cancers in India



Breast Cancer

Women 40 years and above: Mammography every 1-2 years



Colorectal Cancer

40 years and above: Every 10 years



Lung Cancer

Current or Former Smokers: 55-80 years: low-dose CT scans annually



Cervical Cancer

Women 21-65: Pap smears with HPV DNA every 5 years



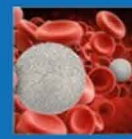
Oral Cancer

Oral Examination in tobacco chewers



Prostate Cancer

Men 50 years and above: PSA + Digital Rectal Examination Annually



Blood Cancer

Family History, Unexplained Fatigue, Unexplained weight Loss, recurrent infections



Ovarian Cancer

30 Years & above: High risk individuals Ultrasound + CA 125

Warning Signs of Cancer: CAUTION



Change in bowel or bladder habits



An ulcer that's not healing



Unusual discharge or bleeding



Thickening or lump



Indigestion or difficulty swallowing



Obvious change in a wart or mole



Nagging cough or hoarseness

"Prevention is always BETTER than CURE"



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